



Maidenhead Junior Regatta

Invitation Regatta under British Rowing Rules of Racing And 'Row Safe: A Guide to Good Practice in Rowing'

Sunday, 16th May 2010

Below The Brunel Sounding Arch 500 metres upstream from a free start

Competition for Coxed Quads

J12 & WJ12	All abilities
J13 & WJ13	Club* and Beginner**
J14 & WJ14	Club* and Beginner**
J15 & WJ15	Club* and Beginner**

Competition for Doubles

J16 & WJ16 2x	All abilities
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* **Club level** is for crews who have some racing experience, but with limited success.

** **Beginner level** is for crews who are new to rowing in the last twelve months.

Racing will be on a repechage basis wherever possible to maximise the amount of racing for all crews. This is dependent on numbers of entries in each category.

We respectfully ask that coaches/entry secretaries only enter crews which fall into these ability categories. One of the main aims of Maidenhead Junior Regatta is to provide a venue where less experienced / less successful juniors can enjoy more of a chance of winning than at a traditional style regatta. However they must be capable of steering the course and manoeuvring their boat safely. Please double check with the Entries Secretary if you are uncertain about categories. Crews are only allowed to race 1 year above their age category.

Composite crews that include members of other invited clubs are welcome, by prior arrangement with the Regatta Entries Secretary.

Pewter tankards will be awarded to winning crews in all events in which two or more crews start.

British Rowing have agreed to relax their rules to allow for free day membership.

Entries close on Thursday, 6th May 2010 at 6pm. All entries must be on British Rowing entry forms and with the required fee. Entry fees payable to "Maidenhead Junior Regatta".

In the event of cancellation a proportion of the fee will be returned.

Cost per seat £8.00 (coxes exempt)

Entries to: Laura Lion
Regatta Entry Secretary
Maidenhead Junior Regatta
10 Underhill Close
Maidenhead
Berkshire SL6 4DS
Tel: **01628 639294**
Email: laura.lion@homecall.co.uk

**Food and refreshments will be available throughout the day.
Disabled access to the club is available.**