



# Maidenhead Junior Regatta

Maidenhead Rowing Club, River Road, Taplow, Maidenhead, Berks, SL6 0AT

## Maidenhead Junior Regatta - Sunday 16th May 2010

### Instructions for Crews

Thank you for entering this year's regatta. To make your day easier please ensure that ALL your competitors read and understand these notes.

The primary consideration in making the Maidenhead Junior Regatta a successful event is maintaining the safety of all crews, officials and spectators involved with the event. **The following information defines key Regatta rules, procedures and guidelines, which must be fully adhered to by all regatta crews and officials.**

#### 1. Clubhouse Car Park

Trailers may be brought into Maidenhead Rowing Club Car Park and used to store boats. Towing vehicles and all other competitor or spectator vehicles must be removed to the nearby regatta car park. Members of Maidenhead RC can be available to help, if requested, on Saturday, 16<sup>th</sup> May between 5pm and 6pm should you wish to bring boats over at that time (please contact Laura Lion 07766885682, [laura.lion@homecall.co.uk](mailto:laura.lion@homecall.co.uk)).

#### 2. Crew Registration

Complete crews must sign in together. For those juniors without a British Rowing licence we have secured permission from British Rowing for them to race without one. However, each junior needs to be entered on the British Rowing Entry Form to allow us to collect their details and forward them to British Rowing after the event.

#### 3. Boating/Landing

- All boating and landing activity will be from the four landing rafts outside Maidenhead Rowing Club boathouse. Raft Marshals will control this activity.
- Before boating all crews **MUST** team up with their opposition and boat at the same time as them. This will avoid crews having to wait unnecessarily for their opposition on the water.
- **All boats must launch from the two upstream landing rafts** and all boats will turn close to the Bucks (boathouse) bank, approximately 10 yards downstream from the Maidenhead road bridge. Turning will not be permitted adjacent to the Guards Club Island.
- **All boats returning from racing must land at the two downstream landing rafts** as directed by the Raft Marshals.
- Competing boats and crews may be checked by an umpire or regatta official to ensure adherence to safety standards ie. heel restraints, bow balls and coxes' life jackets.
- Please remember it is now a requirement for all racing craft to carry a 6-digit identification code.

#### 4. Boat Circulation Plan

- Please see the Boating and Circulation Plan attached, which clearly illustrates the boat circulation plan applicable to the Regatta area, the hazardous areas of the river and the upstream/downstream limits of the course as applicable to all regatta crews. This information will also be posted on notice boards at the landing rafts.
- **Crews are not permitted at any time during the regatta to go above the road bridge, which is adjacent to the Club House.**
- **Crews must remain within calling distance of the Start Marshal and under no circumstances may crews pass beyond the bend in the river at the downstream end of the course.**
- Crews must be considerate and give priority to other river users when paddling to the start.
- In the navigation channel adjacent to the regatta course extra care must be taken. **Practice starts and firm paddling are not permitted in this area.**
- The 500m regatta course will be buoyed meeting the requirements of the Environment Agency. This allows for a navigation channel on the Berkshire bank. Non-regatta river craft and racing crews moving to the start will be directed to use this channel by:-
  - Signs positioned at either end of the course directing craft to the navigation channel
  - Marshals positioned at either end of the course
- All boating below the start will be under the control of the Start Marshals. Instructions given by the Start Marshals must be obeyed at all times. Failure to do so may result in the offending crew receiving an official warning.

#### 5. Racing

British Rowing rules of racing and standard floating start procedure will be enforced, if your crews have not raced before, please ensure that they will understand the procedure before they arrive at the start.

#### 6. Safety Plan and Emergency Action Plan

The Regatta is being run in full compliance of the British Rowing Row Safe: A Guide to Good Practice in Rowing and the MRC Safety Management Plan, reinforced by additional measures described in the Competition Safety Plan document, a copy of which accompanies these Instructions for Crews, and is also available from the regatta web site at:

<http://www.mrc-juniors.org.uk/regatta/index.htm>

**All coaches, crews and coxes must go through the Competition Safety Plan before boating.**

#### 7. First Aid

- South Regional ambulance service will provide First Aid service at the Regatta and they will be based at the Clubhouse.
- The umpires will be launch-based and will carry a first aid kit as specified in the British Rowing 'Row Safe: A Guide to Good Practice in Rowing'.
- Key safety and first aid information will also be published in the regatta programme.

## **8. Complaints**

Any complaints about the conduct of a race must be made to the Race Committee that will be stationed in the finish tent, and all complaints must be supported by an official of the club/school.

## **9. Regatta Timetable**

Because the repechage system increases the number of races in each event, we would be grateful if you can aim to keep to the race schedule. Alterations to the timetable on the day may not be possible. Your co-operation in sharing equipment where necessary will also be greatly appreciated, especially where composite crews have been made up. Queries of a scheduling nature should be made to "Registration and Results" in the boathouse.

## **10. Prizes**

Will be presented in the meeting room of the clubhouse at completion of the days racing.

## **11. Refreshments**

A selection of filled rolls including bacon baps, cakes, tea/coffee, bottled water, etc will be available from 9.30am. The BBQ and Bar will be open at midday – all at the Clubhouse.

## **12. Photos**

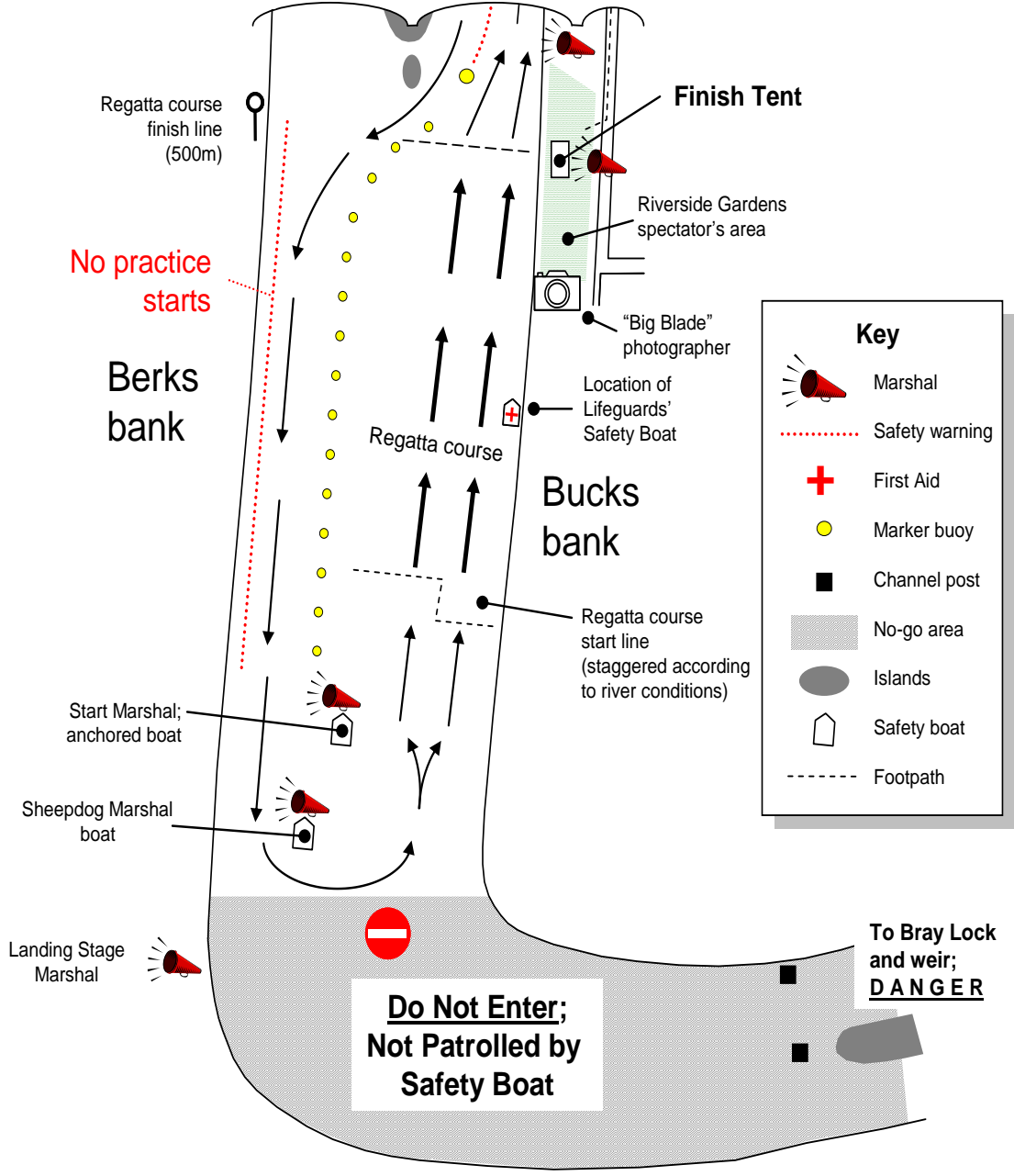
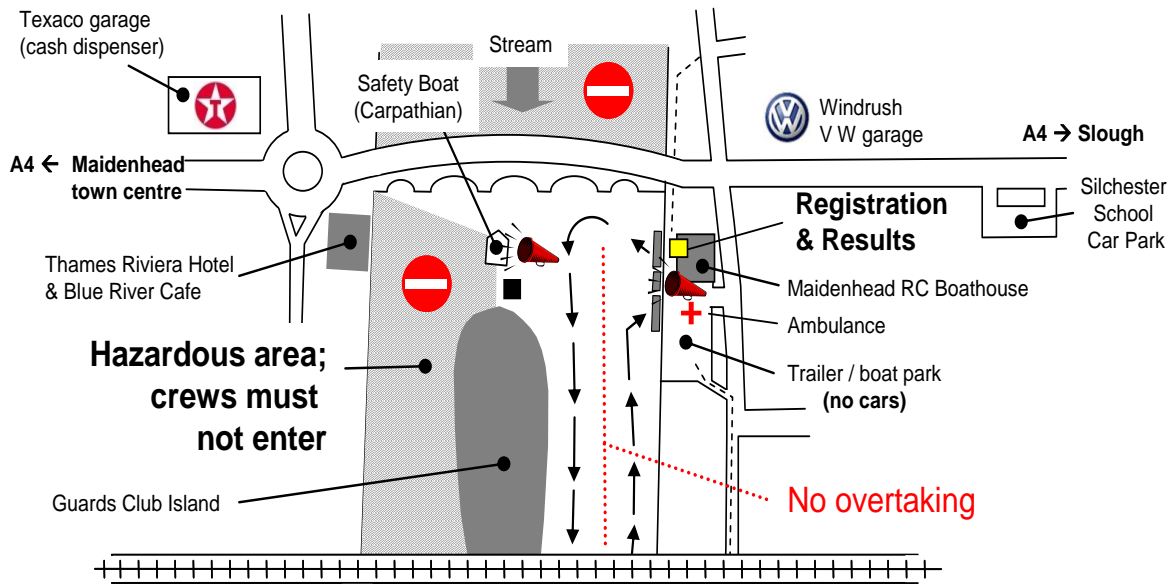
Big Blade Photography will be taking photographs. Copies can be obtained via their website [www.bigblade.net/rowing](http://www.bigblade.net/rowing)

## **13. Disabled**

Please note that facilities for the disabled are available at the Clubhouse.

## **Overleaf – Boating & Circulation Plan**

# Maidenhead Junior Regatta Boating & Circulation Plan



Map not drawn to accurate scale